



# City of Karratha Public Health Plan 2022-2027

# Acknowledgement of Country

## *Wayiba!*

This Acknowledgement of Country recognises the ancient and continuing connection of the Traditional Owners to the land we live and work on; and the cultural responsibilities that arise from this connection. For thousands of years, when Aboriginal and Torres Strait Islander people visited the country of others, there would be rituals of 'welcoming to country'. Today, these rituals have a national legacy in 'Welcome to Country' and Acknowledgment of Country.

The City of Karratha acknowledges the Ngarluma people as the traditional custodians of this land (ngurra) and their deep historical and spiritual connection to country, waterways, rivers and seas within our region. The City of Karratha accepts Aboriginal people as the first inhabitants of Australia. They have lived on this land for many thousands of years and are recognised as one of the oldest living populations of the world, with unique languages and spiritual relationships. We pay respect to the Ngarluma people and their Elders; past, present and emerging.

The name 'Karratha' originates from the Aboriginal word meaning 'good country' or 'soft earth'.



## About this document

**This document was prepared by the City of Karratha**

### Disclaimer

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### Feedback

Any feedback related to this document should be emailed to [enquiries@karratha.wa.gov.au](mailto:enquiries@karratha.wa.gov.au)

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### Acknowledgements

The City of Karratha would like to thank the people and organisations who contributed time and expertise to the development of the City of Karratha Public Health Plan. The City would also like to thank Mark Chadwick and Barbara de la Hunty for their work on the document.

# Mayor's foreword

The City of Karratha Public Health Plan 2022 – 2027 recognises the specific health needs of residents and provides direction on the development and promotion of programs and services that improve community wellbeing and health.

Activating safe, healthy, and liveable communities is an integral goal of the City of Karratha, which forms part of the Strategic Community Plan 2020 – 2030.

The City of Karratha delivers a diverse range of initiatives to promote healthy residents, including walking/jogging routes, Mosquito Management Plan, environmental health inspections, fitness and wellbeing programs and a number of community events and celebrations.

The Public Health Plan will guide health-related planning, investments, events, services, environments, relationships, and programs; aimed at improving public health outcomes, contributing to the City becoming a safer and more liveable place.

Peter Long  
Mayor, City of Karratha



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# Why prepare a Local Public Health Plan?

The conditions in which people are born, grow up, live, work, and age are influenced by factors that are the shared responsibility of all of us, including local government.

Whilst some of these factors are outside the City's control, there are many ways in which the City can make a difference, including partnering with the community, other service providers, and levels of government, to improve the health of the community, reduce the risk of illness, and increase life expectancy.

A local public health plan analyses the background information to determine the health status of the City's residents, health-related needs, and health risks which exist in the community.

It also allows the health profiles to be checked against the state and regional health profiles and for any deficiencies at the local level to be addressed.

A strategic approach is used to prioritise the community's views of what is needed together with the input from local service providers and government agencies.

By aligning with the vision for the City, this plan will achieve better public health outcomes which contribute towards the City becoming a safer and more liveable place.

## Examples of strategies to implement the City's Public Health Plan



**1.** Healthy communities for the benefit of groups of businesses in priority industry and economic sections



**2.** Healthy investment in infrastructure, assets, services, events, and activities, to improve the amenability, liveability, and functioning of the city



**3.** Healthy planning; Support social infrastructure initiatives



**4.** Healthy events for youth and community diversity



**5.** Healthy affordable housing; Support more accessible and affordable housing



**6.** Health care services to ensure access to specialised, aged, and child health care services



**7.** Healthy environments that protect our community and climate



**8.** Healthy relationships and engagement with A&TSI peoples



**9.** Health equity and support programs for vulnerable populations

# Our City

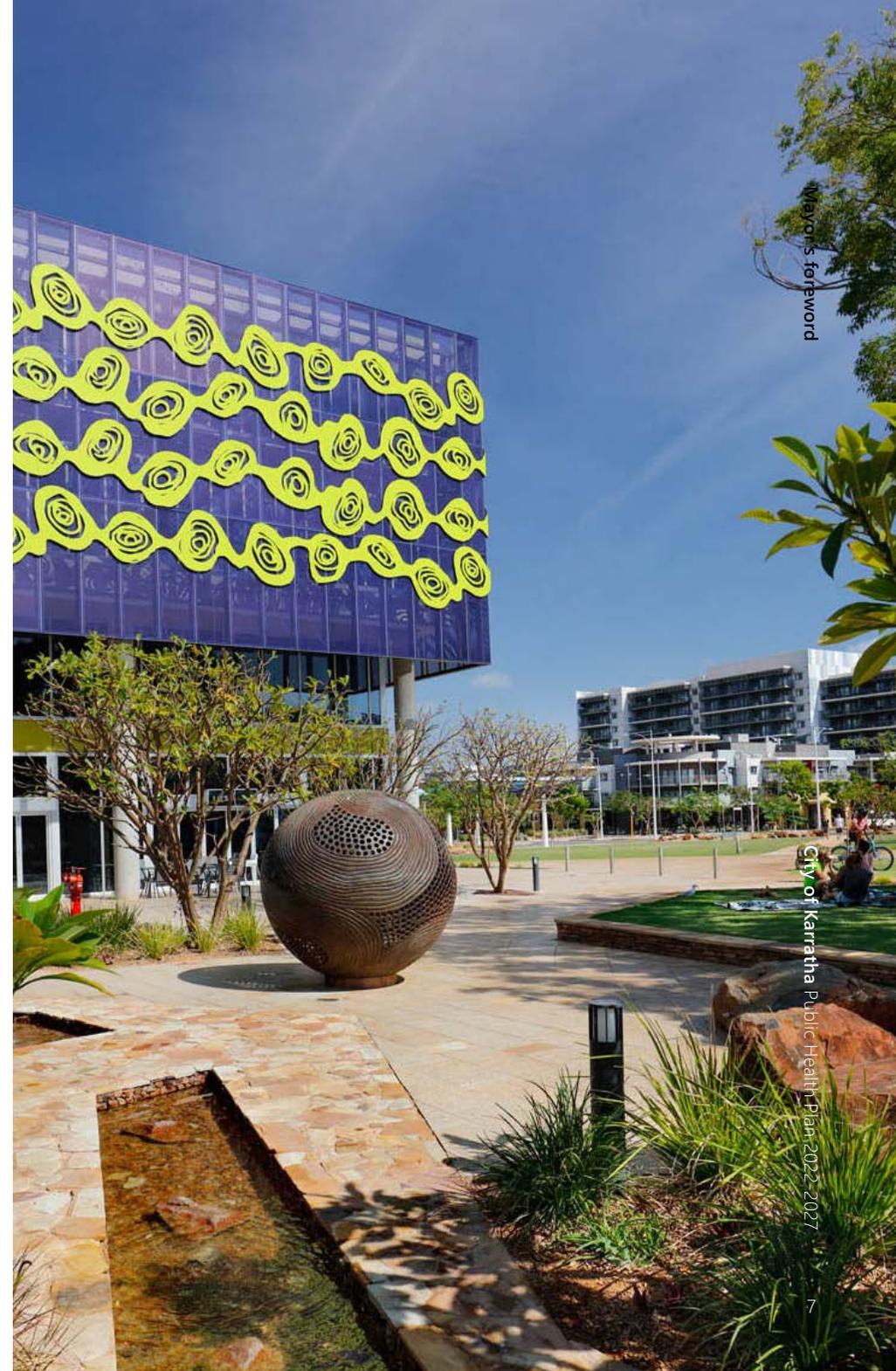
The City of Karratha with a population of 23,243 people lies on the coast of the Pilbara region, 1,535km north of Perth. The City consists of five towns; Karratha, Dampier, Roebourne, Wickham and Point Samson and includes the historic village of Cossack.<sup>1</sup> All are surrounded by a 2.5 billion year old landscape.

Local Aboriginal people have strong historic and cultural connections to country. The Ngarluma, Yindjibarndi and Yaburara Mardudhunera people each have determined Native Title rights and interests in significant portions of land across the City. The Murujuga National Park is a culturally significant place for local Aboriginal people.

The Burrup Peninsula and Dampier Archipelago are examples of the exceptionally valuable natural and recreational assets that surround the City's residents. These assets afford substantial opportunity for recreation and tourism with ecological and cultural values.<sup>2</sup>

From a national and northern Australia perspective, Karratha is emerging as a major service centre on the west coast. Built relatively quickly off the back of major foundation resource sector projects, key infrastructure such as ports and rail, strong employment and business prospects and Government commitments to invest in creating a sustainable regional centre, the City is now a place where residents can access many of the services and facilities that contribute towards a higher standard of liveability.<sup>2</sup>

The City of Karratha is now home to a vibrant and diverse community that enjoys a level of amenity and service usually only seen in much larger metropolitan areas.



# Our Vision: Australia's most liveable regional city

Liveability is interconnected with the determinants of health and underpins the priority objectives of this plan



*To create safe, healthy and liveable communities*

# Liveability and Public Health

The City of Karratha has a vision to be the most liveable Regional City in Australia. This plan acknowledges and embraces this vision. Not only because it is desirable but because it aligns very closely to the definition of public health and the social determinants of health.

Since 2020, the City has used the results of the Annual Community Survey to identify key liveability factors considered by the community to both positively and negatively affect their perception of liveability in the City of Karratha, and to target projects and actions to improve liveability ratings, particularly for factors negatively affecting perceptions of liveability. All liveability factors being measured are set out below. Factors considered by community members to

negatively affect their perception of liveability in the 2021 Annual Community Survey are to the left. Factors considered to contribute positively to liveability are at the right end.

While these factors are being used by the City to measure liveability, many can also contribute to public health either positively or negatively. Access to Health Services is rated by the community as one of the main factors negatively affecting perceptions of liveability. Projects and actions identified to improve these ratings include continuing to fund the Medical Services Equalisation Scheme, investigating health specialist visits and preparing a Public Health Plan.



# Public Health is...<sup>7</sup>



# What does Public Health mean for you?

Public health is defined as: the wider health and wellbeing of the community; and the combination of safeguards, policies and programs designed to protect, maintain, promote, and improve the health of individuals and their communities and to prevent and reduce the incidence of illness and disability.<sup>3</sup>

Practically, it means having safe and nutritious food, walking trails and cycling paths, recreational sports facilities and open spaces such as parks, and natural areas. Safe drinking water, waste management, town planning, events and activities that bring our communities together.

Access to health services, education, employment, housing, and a sustainable future are all conditions that lead to good health. Factors associated with healthy eating, physical activity, avoiding harmful alcohol consumption, smoking and illicit drugs are also extremely important.<sup>3,7</sup>

A healthy community contributes to a liveable regional city.

This plan identifies the community's priorities which are also aligned with the state government priorities, and provides a five-year action plan, to ensure the City plays its part in maintaining and improving public health.



# The City of Karratha has an amazing **natural environment** which encourages healthy lifestyles<sup>1</sup>



1 million + petroglyphs



86 parks & open spaces



42 islands



2 national parks



400km coastline (approx)



7 walking trails



15,882km<sup>2</sup> land area



# The built environment also contributes to public health<sup>1</sup>



Karratha Health Campus



4 libraries



3 major recreation centres



cultural & arts centre



7 community hubs & pavilions



162.2km footpaths



12 primary & high schools & Pilbara Universities Centre



# The City of Karratha is an active and relatively young community<sup>1</sup>



33,058 movie attendees  
Red Earth Arts Precinct



\$1 million community  
grants funding available



110 sports clubs  
& associations



14,192 youth  
activity participants



32% are couples  
with children



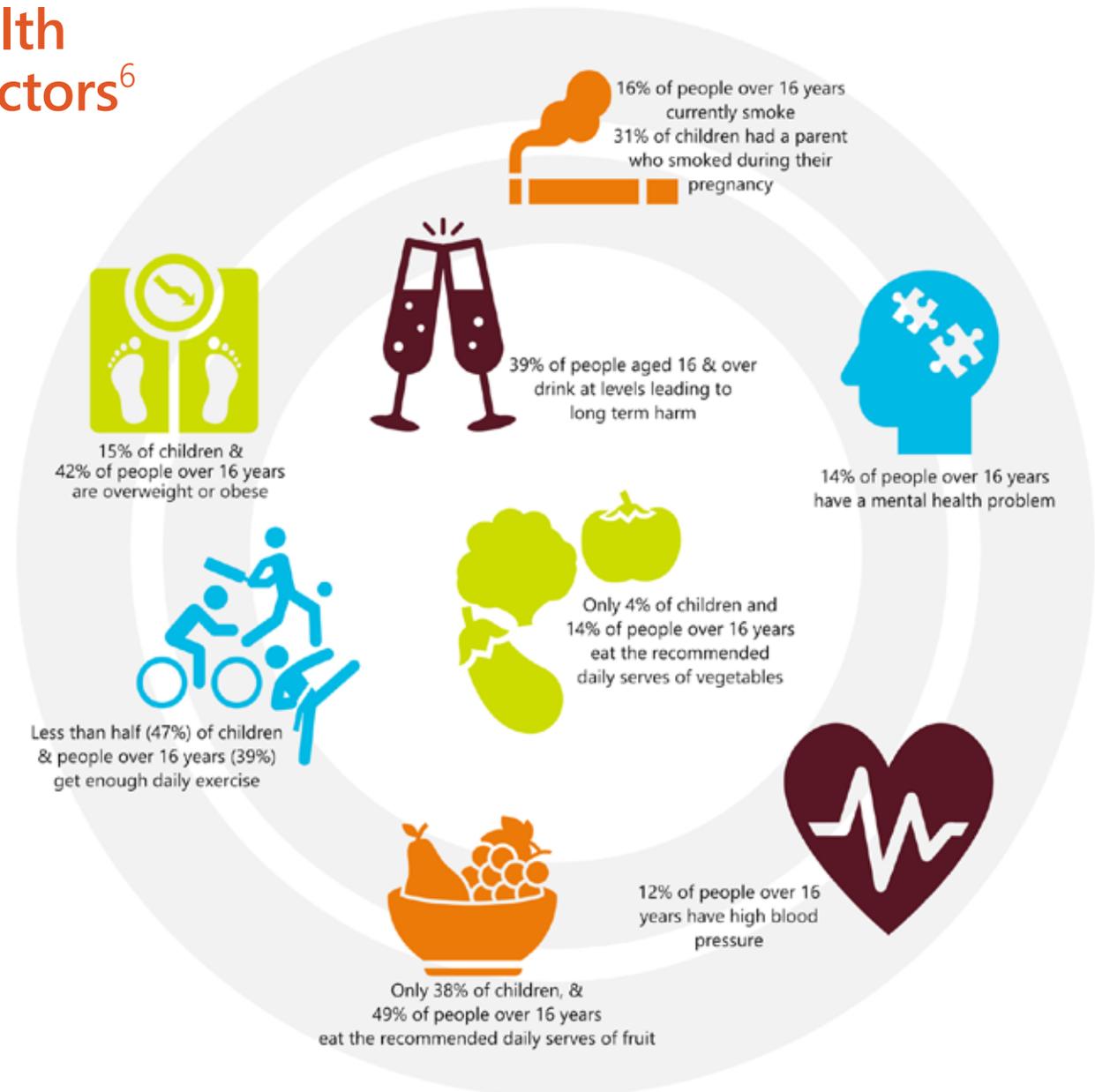
27% increase in  
families last decade



# Our community health behaviours & risk factors<sup>6</sup>

To better understand our vision for liveability, and the role of public health towards meeting it, we need to also understand those specific public health barriers that are impacting on us achieving it.

The City has developed a health profile for conditions where our community's health status is worse than the state, which is summarised in this infographic.



# How this Plan was developed

Comprehensive research including a review of local, region, State, national and global data was undertaken.

After the research phase, widespread community consultation was conducted with a range of stakeholders and community representatives, through workshops, one-on-one meetings, and online surveys.

This qualitative feedback and evidence-based data has informed the identification of key priorities and opportunities for the subsequent Action Plan.



# Evidence gathering

Developing effective public health strategies is informed by first gathering evidence from public health related statistics,<sup>6</sup> engaging with relevant stakeholders, and synthesizing the information into a clear and measurable action plan. Local and regional

demographic and health status data was collected from the following state and national sources.<sup>6</sup> This information was collated into a health profile report which should be read in conjunction with this plan.



# Community consultation – what did we hear?

To further the City’s understanding of the public health priorities of the community, several facilitated workshops and online surveys were used to engage with a diverse range of stakeholders and community members. These included representatives of service providers, community and sporting groups, councillors, staff, and state government agencies.

The feedback from these sessions was carefully considered and directly contributed to the preparation of this Plan and the development of our **Vision of Liveability**.

The three key themes identified by stakeholders and community in our Vision of Liveability are:

- A Liveable Community
- A Liveable Environment
- &
- Liveability for Everyone



# Community Survey Findings

The community engagement responses were compiled and assessed to establish those issues which were rated as being of **high or very high** levels of importance to the respondents across all consultation strategies.

## Consultation Strategy Metrics:

- 174 Community Survey Respondents
- 26 Stakeholder Workshops participants
- 13 Stakeholder face-to-face meetings

Noted variations from City populations averages: 83% of the respondents were aged 25-55 years, which is higher than the City population average of 53%. 9.5% of the respondents were Aboriginal or Torres Strait Islander, which is lower than the City population average of 13%.

The key concerns which were identified from the consultation process as being of highest importance to the respondents are summarised in the table below for their relevance and alignment with the Actions in this Public Health Plan.

## Key Community Concerns

## Alignments with the Action Plan

| High Importance   | Very High Importance  |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Active lifestyles</li> <li>• Healthy eating</li> <li>• Reducing obesity</li> </ul>   | <ul style="list-style-type: none"> <li>• Illicit drugs and Alcohol</li> <li>• Tobacco smoking</li> <li>• Safer communities &amp; Injury prevention</li> </ul>   | <p><b>Addressing Health Risks</b></p> <p>City residents have 1.33 times the state rate of alcohol- and drug-related hospitalisations. City residents also have higher levels of smoking; injuries; early years accidental falls; crime rates; youth suicides; obese and overweight people; plus lower rates of healthy food consumption and physical activity.</p> |
| <ul style="list-style-type: none"> <li>• Seniors</li> <li>• Early years and Youth</li> <li>• Healthy living</li> </ul>  | <ul style="list-style-type: none"> <li>• Community vaccinations and Health screening</li> <li>• Mental health</li> <li>• Community events</li> </ul>  | <p><b>Providing Community Health Programs</b></p> <p>Encouraging participation in public health programs targeted at preventing or reducing worsening health conditions, should lead to reduced incidence of diseases and associated illnesses within the community. The City will partner with Agencies to support and promote their programs and services.</p>   |
| <ul style="list-style-type: none"> <li>• Food affordability and security</li> <li>• Cultural awareness</li> <li>• Career pathways &amp; University access</li> <li>• Business investment</li> </ul> | <ul style="list-style-type: none"> <li>• Disability, Aged and Medical services</li> <li>• Job creation and retention</li> <li>• Housing availability and affordability</li> <li>• Rehabilitation and Detox services</li> <li>• Aboriginal services</li> </ul> | <p><b>Related Issues of Importance to Health</b></p> <p>City residents have higher incidences of rented and overcrowded houses, as well as difficulties accessing services for people with disabilities and mental health problems. 41.5% disagreed with the statement that they have access to affordable nutritious food.</p>                                    |

## To address the determinants of health and achieve our desired public health outcomes, we choose to:

- Create a safe, healthy and liveable community
- Protect the health of our community by protecting our natural and built environment
- Provide accessible, transparent, and responsive leadership to improve health for ALL residents



### Recent examples of the City's contributions to public health include:

#### Medical Services Equalisation Scheme

This scheme is an initiative by the City of Karratha to attract and retain general practitioners to improve access by residents to medical services within the City, and is conducted in partnership with Rio Tinto and Woodside.

Access to quality health services is key to community wellbeing.

#### MOU with Mawarnkarra Health Service

The City has an MoU with Mawarnkarra Health Service to provide health services including a dog health program in local communities within the jurisdiction of the City of Karratha.

These community health day events serve as an opportunity for City staff and MHS health workers to engage with communities to provide guidance and advice on health matters.

This recognition goes towards the State priority objective for supporting "Improving Aboriginal health and wellbeing."<sup>7</sup>

#### \$969,605 spent on upgrading footpaths

Council has committed substantial funding over a number of years to increase the amount of path infrastructure within the five towns located in the municipality.

The City provides a path network to enable efficient and safe passage of bicycles and pedestrians across all suburbs within the townships of Karratha, Roebourne, Wickham, Dampier, and Point Samson.

This supports the State priority of "Empowering and enabling people to live healthy lives".<sup>7</sup>

# How does the Plan work?

## Integrated Strategic Planning Framework

We believe in intergenerational integrated planning for a healthier future that fulfills our vision.

To become Australia's most liveable regional city, we need strategies for the short, medium, and long term. Our plans are integrated so that when we are working on short term projects, we are also contributing to delivering our long-term goals.

Our Strategic Community Plan 2016-2026 outlines how we will realise our vision for the life of the Plan. It states the aspirations and objectives, having regard for the current and future resource capacity and demographic trends of the region. The City's **Public Health Plan** is intentionally integrated as an informing document to ensure public health underpins and remains relevant within the City's overarching strategic planning framework.<sup>8</sup>

### Our strategic themes



**Our Community**  
*Diverse and Balanced*



**Our Economy**  
*Managed and Diversified*



**Our Natural and Built Environment**  
*Thriving and Sustainable*



**Our Leadership**  
*Responsive and Accountable*

### Our goals

*To create safe, healthy, and liveable communities*

*To attract diverse and sustainable business and employment opportunities*

*To protect our natural and built environment*

*To provide accessible, transparent, and responsive leadership*



# Embedding the Plan into our operations

The Public Health Plan works to guide specific actions, projects and budgets within the organisation to achieve the goals of the Strategic Community Plan.

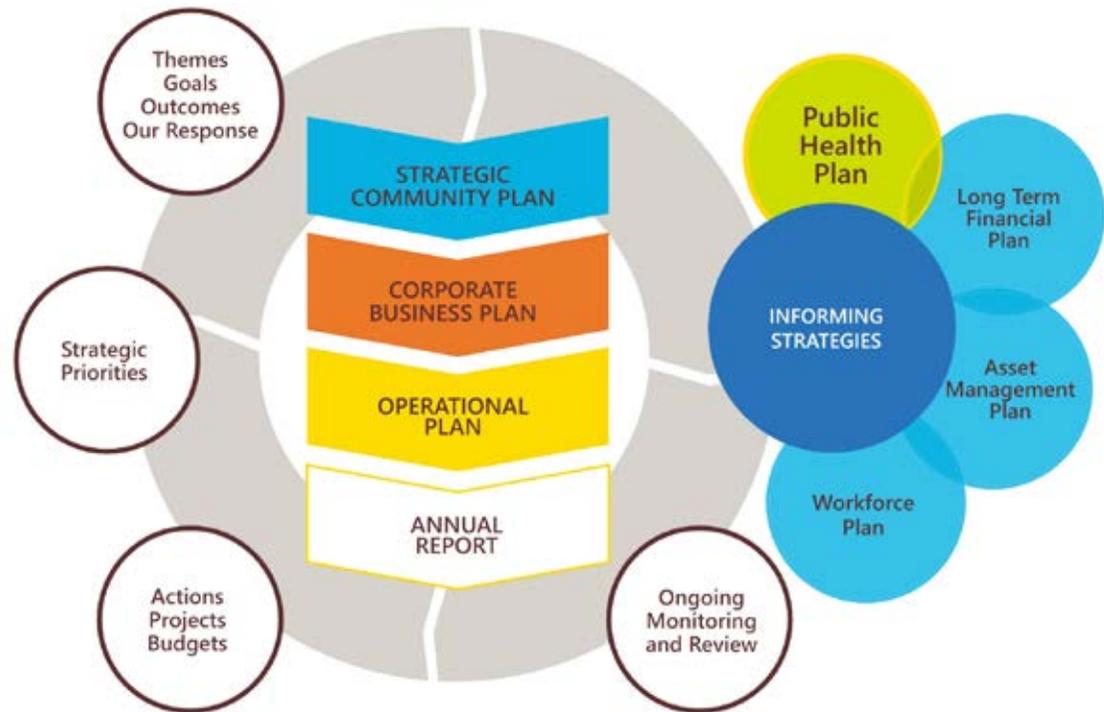
To implement the plan and achieve the desired outcomes, efforts will take into consideration the most appropriate role for the City as **lead, partner, or advocate**.

The plan features actions originating from within existing operational plans. Additionally, new actions have been identified which complement the existing plans to ensure delivery of better health outcomes for the community.

Reporting of progress and performance will be captured in the ongoing quarterly and annual reports and the strategy is continually reviewed to ensure it is up to date, relevant, and in line with state reporting requirements.

The City understands that it is one of many organisations responsible for public health, and it is well-placed to take a leadership role in initiatives that will benefit the local community. Council acknowledges that all staff across the organisation, with the CEO and Executive Management Team, can influence the public health of the City of Karratha.

Its dedicated cross-functional staff will be empowered to implement this plan and deliver its potential benefits to all residents across the City's multiple locations.





## Working together

The City is committed to working collaboratively with industry, government, not-for-profit and the private sector to create improved conditions for public health. The Action Plan which follows is aligned with existing operational strategies and developed to include collaborations with other parties.

Partnerships that include tiers of government (local, state and federal) and service providers can have wide-reaching benefits to the local and regional health and are key to addressing the priorities which lead to achieving the outcomes in this plan.

The City encourages interested organisations to contact the Environmental Health team to continue to explore partnership opportunities.

## Aboriginal engagement

The City of Karratha acknowledges the Ngarluma people as the traditional custodians of this land and their deep historical and spiritual connection to country, waterways, rivers and seas within the region.

Local Aboriginal organisations play an important role in the public health area and the City is has explored opportunities to work with Aboriginal organisations to promote health within the community.

# The Role of the City



## LEAD

The City will lead the way in delivering the actions



## PARTNER

The City will partner with other agencies, organisations or groups in delivering the actions



## ADVOCATE

The City will advocate for actions that enhance the health and wellbeing of the community

# Public Health Plan – Actions

## PRIORITY 1 – A HEALTHY & LIVEABLE COMMUNITY

Aligns with **State Public Health Plan, Objective 1:** *Empowering and enabling people to live healthy lives.*

Aligns with **Themes 1&2** in the City's **Strategic Community Plan:** *Our Community Diverse and Balanced; Our Economy Well Managed and Diversified.*

Other existing aligned strategies/plans: *Local Planning Strategy; Strategic Asset Management Plan; Shire of Roebourne Trails Master Plan; Sport, Recreation and Leisure Strategic Plan; Safer Communities Partnership Strategic Plan; Karratha Youth Development and Engagement Plan.*

### **Objective 1: To create safe, healthy, and liveable communities**

Our Public Health Priority Strategies.

These strategies and actions aim to address significant statistical differences between the State and the City's health profile and have been carefully considered when developing this plan. These include:

- **Community Engagement to improve public health outcomes**

The City has developed numerous plans and services through engaging with its community, including in the development of this plan.

The participation of the community relies on providing citizens with good opportunities to be informed and involved in decision making to ensure success in implementation.

- **Health-related programs & information**

Information is often the key to ensuring appropriate awareness and understanding of potential health risks. The City is positioned to provide effective messages that can provide better informed residents and encourage involvement in programs and events that provide health benefits, such as healthy eating and exercise and mental health and wellbeing opportunities.

- **Reduce the impacts of smoking, alcohol & drugs on public health**

Behaviours associated with smoking, harmful use of alcohol and illicit drugs or the misuse of pharmaceuticals, can have obvious damaging impacts on health, both in the short and long term. Such diseases as cancer, brain dysfunction, heart disease, stroke, cancers, violence and injuries are some of the conditions which can be avoided by reducing harmful behaviours.

- **Health protection through surveillance and education**

The City is responsible, in partnership with the State for the administration of legislation pertaining to public health, this includes matters concerning food safety, onsite waste water treatment and disposal, drinking and recreational waters, pesticides, public buildings and various other matters, which left unchecked can expose the community to harm.

*Lead – Partner – Advocate*

# Public Health Plan – Actions

| PRIORITY 1 – A HEALTHY & LIVEABLE COMMUNITY            |   |                                  |             |   |
|--|---|----------------------------------|-------------|---|
| Strategies   | Actions   | Health Risk                      | City's Role | Performance Measures  |
| Community Engagement to improve public health outcomes | Implement the City's Youth Services Strategic Plan  | Mental health / social wellbeing | Lead        | Number of planned actions implemented annually                    |
|  | Implement the Arts Development and Events Plan  | Mental health / social wellbeing | Lead        | Number of events and activities implemented annually              |
|  | Continue to provide accessible and equitable services (Youth centres)   | Mental health / social wellbeing | Lead        | Number of visitors to Youth Centres per year                      |
|  | Deliver events, advertising, programs and workshops specific to issues identified by Youth Engagement Pilbara (e.g., bullying, mental health and One Punch campaign), Mindful in May, RU OK Day           | Mental health / social wellbeing | Partner     | Number of events, programs, workshops delivered per year          |
|  | Promote A&TSI health and wellbeing in communities   | All                              | Partner     | Number of initiatives promoting A&TSI health & wellbeing          |
| Health-related programs & information                  | Provide information to the community on the main public health risks and ways to minimise them  | All                              | Advocate    | Number of information-sharing platforms used & the topics covered |
|  | Implement the Future Clubs Program and Annual Junior Sports Expo  | Lack of exercise                 | Lead        | Participation rates of children in sports                         |
|  | Promote food variety in City venues – following the traffic light system  | Mental health                    | Lead        | Number of City venues reviewed against traffic light system       |
|  | Investigate affordable healthy eating programs, workshops and financial incentives (i.e. reduced permit fees) e.g. Live Lighter, 2 & 5 and promote healthy foods at restaurants, schools and food markets | Diet<br>Obesity                  | Partner     |   |

# Public Health Plan – Actions

| PRIORITY 1 – A HEALTHY & LIVEABLE COMMUNITY                                |  |  |             |  |
|--|--|--|-------------|--|
| Strategies   | Actions  | Health Risk  | City's Role | Performance Measures   |
|  | Response and recovery from public health State of Emergency events                 | All  | Partner     | Effect of measures introduced on community impact from the event |
|  | Promote and support vaccination programs   | Disease Illness  | Advocate    | Rate of vaccinations   |
|  | Promote and support headlice programs  | Not a public health risk   | Advocate    |  |
|  | Facilitate first aid, mental health and illicit drugs training course availability | Injury / Mental health / Suicide / Physical harm / Overdose / Death              | Advocate    | Number of people trained   |
| <b>Reduce the impacts of smoking, alcohol &amp; drugs on public health</b> | Implement the no smoking in language signage program                               | Heart & lung disease   | Partner     | Number of no smoking signs in language installed                 |
|  | Promote an alcohol-responsible City  | Alcohol-related social and health issues (Disease/cancer/mental health/violence) | Partner     | Number of campaigns conducted                                    |
|  | Develop a smoke-free position statement  | Heart & lung disease   | Partner     | A smoke-free position statement                                  |
|  | Promote City events as smoke-free  | Heart & lung disease   | Lead        | Number of smoke-free events per year                             |
|  | Include alcohol-free events in City events program                                 | Mental health / Social wellbeing   | Lead        | Number of alcohol-free events per year                           |
|  | Promote responsible disposal of needles  | Mental health / Suicide / Physical harm / Overdose                               | Partner     | Number of reported needles found in public areas                 |

# Public Health Plan – Actions

| PRIORITY 1 – A HEALTHY & LIVEABLE COMMUNITY          |   |             |             |   |
|--|---|-------------|-------------|---|
| Strategies   | Actions   | Health Risk | City's Role | Performance Measures  |
| Health protection through surveillance and education | Conduct surveillance of food businesses to ensure food safety standards are maintained  | Illness     | Lead        | Reported cases of food-related illnesses                              |
|  | Monitor drinking water quality of non-scheme water supplies   | Disease     | Lead        | Water quality readings  |
|  | Conduct surveillance on public buildings, accommodation, and air quality  | Illness     | Lead        | Percent Compliant   |
|  | Conduct surveillance of public swimming pools for microbiological risks   | Illness     | Lead        | Water quality readings  |
|  | Implement a Mosquito Management Plan to reduce exposure to mosquito borne diseases  | Disease     | Lead        | Reported cases of mosquito-borne disease                              |
|  | Enforce legislative requirements as per the <i>Public Health Act</i> and <i>Environmental Protection Act</i> , Regulations and Local Laws     |             | Lead        | Number of complaints responded to                                     |
|  | Investigate notifiable disease cases and determine appropriate prevention strategies  | Disease     | Partner     | Number of notifiable diseases investigated                            |
|  | Implement private swimming pool inspection program  | Drowning    | Lead        | Number of private swimming pools inspected that require re-inspection |
|  | Improve monitoring, compliance with, and education on new environmental health legislation introduced under the <i>Public Health Act 2016</i> | All         | Partner     |   |

# Public Health Plan – Actions

## PRIORITY 2 – A HEALTHY & LIVEABLE ENVIRONMENT

Aligns with **State Public Health Plan, Objective 2:** *Providing health protection for the community.*

Aligns with **Theme 3** in the City's **Strategic Community Plan:** *Our Natural and Built Environment.*

Other existing aligned strategies/plans: *Local Planning Strategy; Shire of Roebourne Trails Master Plan; Sport, Recreation and Leisure Strategic Plan; Safer Communities Partnership Strategic Plan; Karratha Youth Development and Engagement Plan; ATSI Engagement Strategy; 2020/21 Operational Plan; Foreshore plans; Environmental Strategy; Water Management Strategy; Coastal Hazard Risk Management Plan; Local Biodiversity Plan; Coastal Management Strategy; Economic Development Strategy.*

### **Objective 2: To protect the health of our community through protecting the natural, built, and social environment.**

Our Public Health Priority Strategies.

The strategies and actions that follow, aim to address significant statistical differences between the State and the City's health profile and have been carefully considered when developing this plan. These include:

- **Planning for healthy environments**

Healthy environments don't usually just happen. By ensuring the City considers all aspects of what makes an environment conducive to healthy living, it identifies those conditions most relevant and has incorporated these findings to developing its various facilities, infrastructure, and public spaces.

- **Promoting an active lifestyle**

Planning for and developing healthy natural and built environments is not enough on its own to motivate people into living an active lifestyle. The City maintains areas for increased activity and ensures it meets relevant standards and promotes its use.

- **Activating public spaces**

The City activates its public spaces by ensuring areas are protected and well maintained but also accessible for residents to stage their own events and improve appeal to all users.

- **Providing facilities that encourage a healthy lifestyle**

Specific facilities within the City have been identified for improvements and upgrades.

These facilities have high levels of use and are key to increasing levels of physical activity and social interaction within the City now and well into the future.

*Lead – Partner – Advocate*

# Public Health Plan – Actions

| PRIORITY 2 – A HEALTHY & LIVEABLE ENVIRONMENT |   |  |             |  |
|---|---|--|-------------|--|
| Strategies                                    | Actions   | Health Risk                                | City's Role | Performance Measures   |
| Planning for healthy environments             | Planning and subdivision design that encourages walking and cycling to local parks and community facilities                     | Lack of exercise / Obesity / Mental health | Partner     | Parks within 400m of all residential properties  |
|   | Maintain and implement Community Facilities Plans   | Lack of exercise / Obesity                 | Lead        | Expenditure on upgrading recreational facilities, sports grounds and parks   |
|   | Plan for the development of appropriate, new, and improved education infrastructure throughout the district                     | Liveability of regional communities        | Advocate    | Results from ABS census in relation to the proportion of the population in the 16 – 20 age group                                     |
|   | Progress Roebourne facility planning in line with Roebourne Facilities & Services Action Plan                                   | Mental health / Social wellbeing           | Lead        | Actions implemented  |
| Promoting an active lifestyle                 | Maintain existing footpaths to an acceptable standard   | Lack of exercise / Obesity / Mental health | Lead        | Performance on footpaths & cycleways from Annual Community Survey  |
|   | Implement 10-year Footpath Construction Program   | Lack of exercise / Obesity / Mental health | Lead        | Annual progress report   |
|   | Activate walking and jogging routes   | Lack of exercise / Obesity / Mental health | Lead        | Signage & lighting installed on walking & jogging routes   |
|   | Develop a tracks and trails strategic plan which considers management of existing trails and identifies new trail opportunities | Lack of exercise / Obesity / Mental health | Lead        | Performance on tracks & trails from Annual Community Survey  |
|   | Promote walking, cycling and using City recreational facilities, sports grounds and parks                                       | Lack of exercise / Obesity / Mental health | Advocate    | How much are walking & cycling routes and City recreational facilities, sports grounds and parks used? (Bookings data & observation) |

# Public Health Plan – Actions

| PRIORITY 2 – A HEALTHY & LIVEABLE ENVIRONMENT           |   |  |             |  |
|---|---|--|-------------|--|
| Strategies  | Actions   | Health Risk                                | City's Role | Performance Measures   |
| Activating public spaces                                | Install shaded areas for children, families and seniors in all public parks and gardens   | Skin cancer / Heat stress / Mental health  | Lead        | Performance on parks, gardens & open spaces from Annual Community Survey   |
|   | Activate the undercover area in Hampton Pavilion  | Mental health / Social wellbeing           | Lead        | Performance on sense of community from Annual Community Survey             |
|   | Stage events in public open spaces, focused on activating foreshores and parks/ovals e.g. FeNaCING festival   | Mental health / Social wellbeing           | Lead        | Performance on sense of community from Annual Community Survey             |
|   | Implement scheduled capital and maintenance works at all City-managed ovals   | Lack of exercise / Obesity                 | Lead        | Expenditure on upgrading recreational facilities, sports grounds and parks |
|   | Develop and implement grants for projects that promote the activation of public open spaces and neighbourhood activities and events   | Mental health / Social wellbeing           | Partner     | Performance on sense of community from Annual Community Survey             |
|   | Implement playground replacement program and install play centre equipment  | Lack of exercise / Obesity                 | Lead        | Expenditure on upgrading recreational facilities, sports grounds and parks |
| Providing facilities that encourage a healthy lifestyle | Implement scheduled capital and maintenance works at Wickham Aquatic Centre, Roebourne Aquatic Centre, Karratha Leisure Centre, Wickham Recreation Precinct, Pegs Creek and Dampier Pavilions, Dampier Community Hub, Karratha Youth Hub and Karratha Golf Course | Lack of exercise / Obesity / Mental health | Lead        | Expenditure on upgrading recreational facilities, sports grounds and parks |

# Public Health Plan – Actions

## PRIORITY 3 – ACCESSIBLE HEALTH SERVICES

Aligns with **State Public Health Plan, Objective 3:** *Improving Aboriginal health and wellbeing.*

Aligns with **Theme 3** in the City's **Strategic Community Plan:** *Our Leadership Responsive and Accountable.*

Other existing aligned strategies/plans: *Local Planning Strategy; Strategic Asset Management Plan; Sport, Recreation and Leisure Strategic Plan; Karratha Youth Development and Engagement Plan Reconciliation Action Plan (under development)*

### **Objective 2: To promote community access to health services.**

Our Public Health Priority Strategies.

The strategies and actions that follow, aim to address significant statistical differences between the State and the City's health profile and have been carefully considered when developing this plan. These include:

- **Reduce the negative effects a lack of housing can have on mental health**

Having access to appropriate and affordable housing is essential for maintaining public health through physical safety, sanitation, social family space, safe food storage and preparation, sleeping environment and supports education and employment opportunities that these conditions provide. All these conditions also contribute to better mental health and wellbeing.

- **Support services that provide accessibility**

Accessibility and inclusiveness enable everyone to be able to receive the equitable services that residents should all be entitled. This includes access to transportation, health, education, and other support services needed.

- **Aboriginal & Torres Strait Islander engagement**

A&TSI people are recognised as being one of the most disadvantaged groups in Australia. Through engaging with A&TSI people the City can ensure its efforts are aligned to relevant needs and support those needs culturally appropriately in partnership with A&TSI people.

*Lead – Partner – Advocate*

# Public Health Plan – Actions

| PRIORITY 3 – ACCESSIBLE HEALTH SERVICES                                 |  |                                      |             |  |
|---|--|--------------------------------------|-------------|--|
| Strategies  | Actions  | Health Risk                          | City's Role | Performance Measures   |
| Reduce the negative effects a lack of housing can have on mental health | Advocate for partnerships and incentives to increase housing supply, transitional housing and reducing homelessness  | Mental health / Social wellbeing     | Advocate    | Relative housing availability  |
|   | Implement the Residential Housing Investment Program   | Mental health / Social wellbeing     | Partner     | Relative housing availability  |
|   | Implement Local Planning Strategy population and housing actions   | Mental health / Social wellbeing     | Lead        | Relative housing availability  |
|   | Implement neighbourhood activation program   | Mental health / Social wellbeing     | Lead        | Number of reported crime incidents   |
| Support services that provide accessibility                             | Increase access to transport services between Karratha and townsites for access to health, court, GP, sporting events  | Liveability for regional communities | Advocate    | Performance on connectivity and public transportation from Annual Community Survey |
|   | Medical Services Equalisation Scheme   | Liveability for regional communities | Lead        | Performance on Access to Health Services from Annual Community Survey              |
|   | Provision of a greater range of hospital services and procedures, to reduce the need to travel to Perth  | Liveability for regional communities | Advocate    | Performance on Access to Health Services from Annual Community Survey              |
|   | Better continuum of services for disability, psychologists, psychiatrists, paediatrician, detox, social and wellbeing hub, cultural education, aged care, morgue, and university needs | Liveability for regional communities | Advocate    | Performance on Access to Health Services from Annual Community Survey              |
|   | Implement the Access and Inclusion Plan for all communities  | Disability access                    | Lead        | Number of actions completed  |

# Public Health Plan – Actions

| PRIORITY 3 – ACCESSIBLE HEALTH SERVICES |  |                                  |             |  |
|---|--|----------------------------------|-------------|--|
| Strategies                              | Actions  | Health Risk                      | City's Role | Performance Measures                             |
|   | Provision of local mental health services  | Mental health / Social wellbeing | Partner     | Relative rate of mental health service provision |
|   | Advocate for diverse employment options, economic subsidies and investments that reduce disparities in wealth distribution and workforce turnover rates                                  | Mental health                    | Advocate    | Relative employment rate                         |
| A&TSI engagement                        | Promote and encourage contacts and partnerships towards sustainable improvements to community representation (e.g., Council), health healing and safety education within A&TSI community | Mental health / Social wellbeing | Partner     | Delivery of MHS MoU (Healthy Dog Day)            |
|   | Coordinate NAIDOC Week celebrations and activities   | Mental health / Social wellbeing | Partner     | NAIDOC Week held annually                        |
|   | Plan and implement the City's Reconciliation Action Plan   | Mental health / Social wellbeing | Lead        | Adopted Reconciliation Action Plan               |
|   | Continue to provide culturally secure programs, annual cultural awareness training for staff, visible recognition of Aboriginal people such as flags, artwork, language                  | Mental health / Social wellbeing | Lead        | Number of Programs conducted annually            |
|   | Implement MOUs with Traditional Owners in relation to access to and managing natural assets and cultural awareness of country including an Aboriginal Ranger Program                     | Mental health / Social wellbeing | Partner     | MoUs in place                                    |

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